



Fall 2023

Freshman Parent Night

Mrs. Anderson, Mrs. Fox,
& Mr. Poggi
August 30, 2023

Agenda

- Counseling Department
- Overview of the Year
- College Planning
 - Four Year Plan
 - Naviance
 - Testing
- Student Support
- Upcoming Events



Counseling

- Introduction to Counseling
- Counselors and College Advisors
- How we support students
- Other support
 - Wellness Counselor
 - Guardian Angel Peer Team
 - Learning Support Specialist

Learning Support Specialist

- Tutor Lab with Peer Tutoring
- Academic Coaching
- Workshops
- Learning and Study Skills Elective Courses
- Formal Accommodation Plans

Overview of the Year



Fall

- Small Group Meetings
- Big Sister/Little Sister meetings
- Club Rush (9/18-9/19)
- Homecoming Week (10/16-10/20)
- Work on Service Hours
- Finals



Spring

- Parent Evening (1/25)
- Freshmen Advisory (1/18)
- Service Hours due
- Individual Check Ins
- Retreat
- Course Registration
- Finals

Progress Reports, Quarter Grades and Transcripts

- Progress Reports
- Can see grades in Schoology
- Quarter grades are like a report card
- Transcripts
- Can access transcripts on PowerSchool
- Honors/AP limits
- Courses not factored into GPA

More on this at the Freshman Course Scheduling Parent Night in
January

College Planning

- Freshmen
 - Begin exploring college options
 - Work on a Four Year Plan
- Sophomores
 - More specifics discussed regarding college
 - Request courses that meet the selectivity of colleges
- Juniors
 - Begin working with College Advisors
 - Take PSAT, SAT, ACT
 - Begin touring colleges
- Seniors
 - Know application deadlines and requirements
 - Take SAT or ACT one more time
 - Apply to colleges and next steps

Four Year Plan

(Course Scheduling)

- Graduation Requirements
 - St. Francis graduation requirements
 - UC/CSU Eligibility requirements
- Honors and AP classes

Testing

- PSAT Junior Year
- SAT/ACT Junior Year
- SAT/ACT Senior Year

Testing is more complicated these days...

Naviance

- Overview
- Freshmen - Discover what it offers
 - Resume
 - Learning Style Inventory
 - Career Learning
 - College Search

Supports/Suggestions

- Academic Support
 - Teachers
 - Tutor Lab
 - Learning Support Specialist
 - CSF Peer Tutors
 - Talk with your counselor
 - Khan Academy
- Get Involved
 - Balance
 - Meet Friends
- Suggestions
 - Study Habits
 - Devices
 - Sleep
 - Checking Schoology, PowerSchool, Calendar, Email
- Ask For Help

Counseling & College Newsletter

Our Counseling and College Newsletter is sent out monthly on the second Tuesday of each month. It will keep you informed of all of the different events coming up in Counseling.



Questions?

Nora Anderson: nanderson@stfrancishs.org

Katrina Fox: kfox@stfrancishs.org

Joe Poggi: jpoggi@stfrancishs.org

Mrs. Anderson: Ada- Gon

Mrs. Fox (Interim Counselor Mrs. Anderson): Goo- Hwa

Mrs. Fox (Interim Counselor Mr. Poggi): Imm-Obe

Mr. Poggi: Oli-Zit

Thank you!